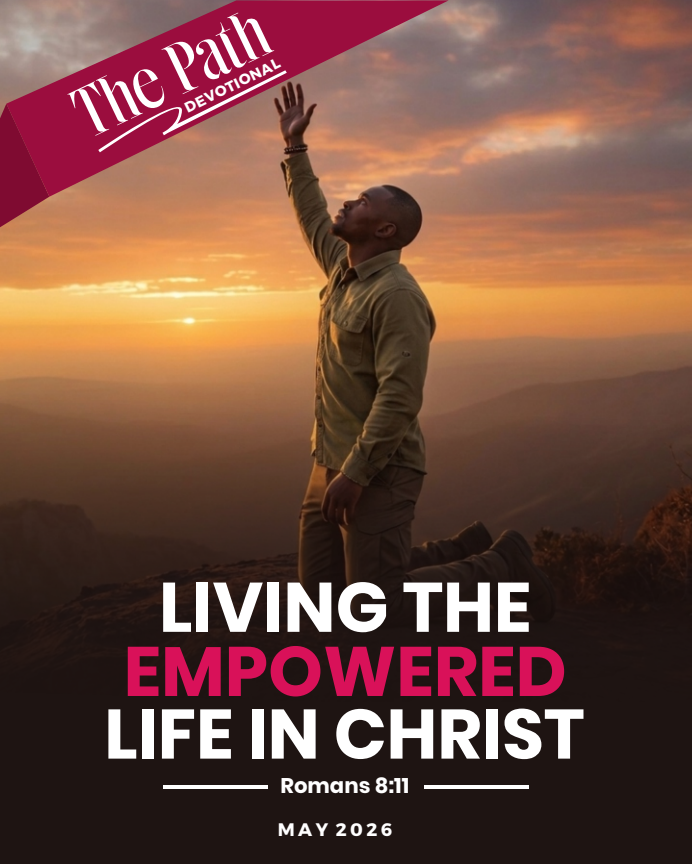




The Path
DEVOTIONAL

LIVING THE **EMPOWERED** LIFE IN CHRIST

———— Romans 8:11 ————

MAY 2026



Mission Statement

Empower individuals and help people strengthen their relationship with God, especially children, youth, and families through Christ-centered programs, and resources that inspire spiritual growth, leadership, and community impact.

Vision

To be a global beacon of Christian leadership, discipleship, and service, inspiring future generations to live with faith and purpose.

Motto:

**Preparing people for the second coming of Christ.
To give people knowledge of salvation**

Core Values:

Love, Truth, Culture, Service, Leadership, and Community.



This devotional is thoughtfully crafted for teens, young adults, and beyond. We encourage parents to explore the daily Scriptures and reflections in advance to ensure they resonate with your family's unique journey of faith.

Written by
Mrs Kanyinsola Afikode

FROM THE AUTHOR

The believer's life is founded on the finished work of Christ—His death, resurrection, and the power of His blood. Through the blood of Jesus, believers receive redemption, forgiveness, and victory over sin and the enemy.

The Holy Spirit then brings this victory into daily experience by giving life, strength, guidance, and spiritual authority. As believers walk in the Spirit, live by faith, honor God, love others, remain devoted to prayer and the Word, and exercise the authority given in Christ, they enforce the realities secured by the cross.

In this way, the life-giving Spirit and the blood of Jesus empower believers to live transformed lives and establish God's kingdom in their lives and territories.

MAY 1

Redemption Through the Blood

BIBLE PASSAGE:

EPHESIANS 1:7



ISAIAH 44:22

SUMMARY

The finished work of Christ begins with redemption. Redemption means being bought back from the bondage of sin and darkness. The blood of Jesus was the price paid for this freedom.

Through His blood, we have forgiveness, restoration, and access to God. Redemption is not just a theological concept but a present reality that believers must embrace daily. As we acknowledge the power of the blood, we begin to walk in the liberty Christ secured for us.

PRAYER POINT

Father, I thank You for redeeming me through the blood of Jesus. Help me to live daily in the freedom that Christ purchased for me.

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MAY 2

Exemption Through the Blood

BIBLE PASSAGE:

EXODUS 12:22-23



REVELATION 12:11

SUMMARY

When the blood of the lamb was placed on the doorposts in Egypt, it became a token of exemption. Destruction passed over every house marked by the blood. This event foreshadowed the greater redemption through Christ. The blood of Jesus remains a mark of exemption over the believer's life. When believers understand this truth, they can confidently declare protection and victory over every work of darkness.

Understanding the blood as a token of exemption is key to walking in dominion and victory.

PRAYER POINT

Lord, I declare that the blood of Jesus marks my life and my household. Every work of destruction must pass over me.

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MAY 3

Cleansed by the Blood

BIBLE PASSAGE:

1 John 1:7



PSALM 51:10

SUMMARY

The blood of Jesus cleanses and purifies. This cleansing is not limited to salvation; it is a continual reality for those who walk in the light.

Through the blood, believers remain in fellowship with God and are freed from the guilt of sin. This cleansing empowers us to live confidently before Him.

PRAYER POINT

Father, let the cleansing power of the blood of Jesus purify my heart and keep me walking in Your light.

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MAY 4

Peace Through the Blood

BIBLE PASSAGE:

COLOSSIANS 1:20



PHILIPPIANS 4:7

SUMMARY

Sin created separation between humanity and God, but the blood of Jesus restored peace. This peace is the result of reconciliation accomplished at the cross. Through the blood, believers are no longer enemies but sons and daughters of God.

This peace gives us confidence in our relationship with Him. The blood of Jesus remains the foundation of our reconciliation.

PRAYER POINT

Lord, thank You for reconciling me to Yourself through the blood of Jesus. Let Your peace rule in my heart.

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MAY 5

Bold Access to God

BIBLE PASSAGE:

HEBREWS 10:19–22



HEBREWS 4:16

SUMMARY

Before Christ, access to God was restricted. But through the blood of Jesus, a new and living way has been opened.

Believers can now approach God boldly in prayer and fellowship. While prayer strengthens our relationship with God, it is the blood of Jesus that grants us access to the Father. Understanding this transforms how we relate to Him.

PRAYER POINT

Father, help me to come boldly into Your presence through the blood of Jesus.

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MAY 6

Justified by the Blood

BIBLE PASSAGE:

ROMANS 5:9



2 CORINTHIANS 5:21

SUMMARY

Justification means being declared righteous before God. Through the blood of Jesus, every accusation against the believer is cancelled.

Though the enemy may bring condemnation, the blood speaks a better word—mercy and justice.

Jesus, the Just One, became sin so that we might be justified through His blood.

PRAYER POINT

Lord, I thank You because the blood of Jesus has justified me before You.

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MAY 7

The Blood That Speaks

BIBLE PASSAGE:

HEBREWS 12:22–24



HEBREWS 12:24

SUMMARY

The blood of Jesus speaks better things than the blood of Abel. While Abel's blood cried out for justice, Jesus' blood speaks mercy, forgiveness, and restoration. Believers can confidently declare what the blood is speaking over their lives.

PRAYER POINT

Father, let the blood of Jesus speak mercy, victory, and restoration over my life.

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MAY 8

The Spirit Gives Life

BIBLE PASSAGE:

JOHN 6:63



ROMANS 8:11

SUMMARY

The Holy Spirit is the source of spiritual life. Human effort cannot produce this life—only the Spirit can.

Through Him, the benefits of Christ's sacrifice become real in the believer's daily experience. The Spirit makes the finished work of Christ effective in our lives.

PRAYER POINT

Holy Spirit, fill me with Your life and help me walk in the realities of Christ's victory.

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MAY 9

Overcoming by the Blood

BIBLE PASSAGE:

REVELATION 12:11



GALATIANS 6:17

SUMMARY

Victory over the enemy is secured through the blood of Jesus. Believers enforce that victory through their testimony.

As we declare God's Word with understanding, the power of the cross becomes active in our lives.

Faith-filled declarations release victory in every situation.

PRAYER POINT

Lord, help me overcome every challenge through the blood of the Lamb and the word of my testimony.

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MAY 10

New Life in Christ

BIBLE PASSAGE:

2 CORINTHIANS 5:17



ISAIAH 43:18

SUMMARY

Salvation brings complete transformation. The believer becomes a new creation in Christ.

This new life is sustained by the Holy Spirit and must be reflected in our actions and lifestyle. A life genuinely surrendered to Christ is free from the dominion of sin.

PRAYER POINT

Lord, help me live daily in the reality of the new life You have given me.

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MAY 11

The Spirit Dwells Within

BIBLE PASSAGE:

1 CORINTHIANS 6:19



EPHESIANS 2:22

SUMMARY

In 1 Corinthians 6:19, Paul reminds believers that their bodies are the temple of the Holy Spirit. This means that when a person believes in Christ, God's Spirit does not merely visit them occasionally; He comes to dwell within them permanently. The idea of a temple in Scripture refers to the place where God's presence lives. Under the Old Covenant, God's presence was in a physical temple. But through the finished work of Christ, the believer becomes God's dwelling place. Because the Spirit lives within us, our lives are no longer our own; we are called to live in a way that reflects God's presence. The indwelling Spirit also empowers the believer with spiritual life, guidance, and strength to live according to God's will. This indwelling presence empowers believers to live victorious lives.

PRAYER POINT

Holy Spirit, help me remain conscious of Your presence within me.

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MAY 12

Living by the Spirit

BIBLE PASSAGE:

GALATIANS 5:16



ROMANS 8:14

SUMMARY

Living by the Spirit means allowing the Holy Spirit to guide our thoughts, actions, and decisions daily. Instead of being controlled by sinful desires or human impulses, the believer relies on the Spirit's influence and power.

When a believer walks in the Spirit, the Spirit produces godly character and enables them to live in righteousness. This life is not achieved by human strength but by yielding to the Spirit who works within the believer. The Spirit empowers believers to overcome the desires of the flesh. Walking in the Spirit means allowing Him to guide our decisions and actions.

PRAYER POINT

Holy Spirit, guide me daily so I am not controlled by my flesh.

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MAY 13

Alive with Christ

BIBLE PASSAGE:

EPHESIANS 2:4-5



2 CORINTHIANS 5:17

SUMMARY

Paul explains that although humanity was spiritually dead because of sin, God, because of His great love and mercy, made us alive together with Christ. This means that through the finished work of Jesus, believers are no longer spiritually dead but have received new spiritual life. Being alive with Christ signifies a transformation from death to life. Through Christ's resurrection, believers now share in His life, righteousness, and relationship with God.

This life is not earned by human effort but is a gift of God's grace. Though we were once dead in sin, God made us alive with Christ. The resurrection life of Jesus now operates within every believer.

PRAYER POINT

Father, thank You for making me alive together with Christ. Help me to remain in Christ as long as I breathe.

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MAY 14

Strengthened by the Spirit

BIBLE PASSAGE:

EPHESIANS 3:16



PHILIPPIANS 4:13

SUMMARY

The Holy Spirit strengthens believers inwardly so they can live in the fullness of God's purpose. The strength a believer needs to live the Christian life does not come from human ability but from the empowering work of the Spirit within. The "inner being" in the passage refers to the believer's spirit and heart, where the Holy Spirit works to give spiritual endurance, boldness, and stability in faith.

Through the Spirit, believers receive the strength to overcome trials, resist sin, and grow in their walk with God.

PRAYER POINT

Holy Spirit, strengthen my inner man today.

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MAY 15

The Spirit Produces Life

BIBLE PASSAGE:

2 CORINTHIANS 3:6



ROMANS 8:2

SUMMARY

The letter kills, but the Spirit gives life. The Spirit brings transformation and vitality to the believer's life. True spiritual life does not come from merely following written laws or religious rules, but from the Holy Spirit who brings God's life into the believer. Under the Old Covenant, the law revealed sin but could not give the power to overcome it.

However, through the New Covenant in Christ, the Holy Spirit works within believers to produce spiritual life, transformation, and righteousness.

PRAYER POINT

Lord, let Your Spirit continually bring life and transformation to me.

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MAY 16

Standing in Faith

BIBLE PASSAGE:

HEBREWS 10:23



2 CORINTHIANS 5:7

SUMMARY

Standing in faith means remaining firm in what God has promised, even when circumstances seem contrary. It involves trusting God's Word and maintaining confidence in His faithfulness. Faith is not based on feelings or situations but on the certainty that God always keeps His promises.

Therefore, believers are called to remain steadfast, continually declaring and believing the truth of God's Word.

Believers must hold firmly to their confession of hope, trusting in God's faithfulness.

PRAYER POINT

Lord, strengthen my faith so I may stand firm in Your promises.

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MAY 17

Abiding in Christ

BIBLE PASSAGE:

JOHN 15:5



1 JOHN 2:27

SUMMARY

Jesus describes Himself as the vine and believers as the branches, teaching that a believer must remain connected to Him in order to bear fruit. Abiding in Christ means maintaining a continual relationship with Him through faith, obedience, and dependence on His life. Just as a branch receives life and nourishment from the vine, believers receive spiritual strength, guidance, and fruitfulness by staying connected to Christ.

Without this connection, spiritual growth and effectiveness are impossible. Fruitful living comes from remaining connected to Christ. The life of Christ flows through those who abide in Him.

PRAYER POINT

Lord, help me abide in You daily.

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MAY 18

Living by Faith

BIBLE PASSAGE:

HABAKKUK 2:4



HEBREWS 11:6

SUMMARY

The believer's life is sustained by faith in the finished work of Christ. Those who are made righteous by God must continually depend on Him in faith. Living by faith involves trusting God's Word, promises, and guidance rather than relying solely on what is seen or understood naturally.

For the believer, faith becomes the foundation of daily life, guiding decisions, sustaining hope, and strengthening trust in God even in uncertain situations. It reflects a life that relies on God's faithfulness rather than human effort or circumstances.

PRAYER POINT

Lord, help me walk by faith every day.

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MAY 19

Authority in Christ

BIBLE PASSAGE:

LUKE 10:19



JAMES 4:7

SUMMARY

Jesus gave believers authority over the power of the enemy. This authority must be exercised through faith. This authority comes from Christ and enables believers to stand against the works of Satan and spiritual opposition.

It is not based on human strength but on the victory Christ accomplished through His death and resurrection.

Through this authority, believers can resist the enemy, overcome spiritual attacks, and walk in victory because Christ has already defeated the powers of darkness.

PRAYER POINT

Lord, help me walk in the authority You have given me.

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MAY 20

Enforcing the Victory of the Cross

BIBLE PASSAGE:

MARK 11:23



1 JOHN 5:4

SUMMARY

Believers enforce spiritual realities through faith-filled declarations. Speaking God's Word releases the power of Christ's finished work. Jesus teaches that whoever believes and speaks in faith without doubting will see what they say come to pass. This principle shows that believers are not only recipients of Christ's victory on the cross but are also called to exercise faith to enforce that victory in their lives. Through the cross, Jesus defeated sin, death, and the powers of darkness. However, believers must stand on God's Word and declare His promises in faith to see those realities manifested in their lives. By believing in the finished work of Christ and speaking in faith, believers enforce the authority and victory that Christ has already secured.

PRAYER POINT

Lord, help me declare Your Word boldly in every situation.

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MAY 21

Salvation Makes the Difference

BIBLE PASSAGE:

2 CORINTHIANS 5:17



ROMANS 10:9

SUMMARY

Salvation is the turning point in a person's life where God transforms them from their old sinful state into a new life in Christ. Through salvation, a believer receives forgiveness of sins, reconciliation with God, and a new spiritual identity. What makes the difference is that salvation brings a person out of spiritual death into spiritual life, changing both their relationship with God and the direction of their life.

When a person is saved, they are no longer defined by their past, but by the new life they have received in Christ. Salvation, therefore, makes the difference between darkness and light, death and life, and condemnation and righteousness.

PRAYER POINT

Lord, I enjoy the gift of salvation every day of my life.

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MAY 22

Guard Your Salvation

BIBLE PASSAGE:

HEBREWS 2:1



PHILIPPIANS 2:12

SUMMARY

Scripture warns believers not to become careless with the salvation they have received. In Hebrews 2:1, believers are urged to pay careful attention to the truth they have heard so that they do not drift away from it. Salvation is a precious gift, but a believer must remain steadfast in faith, obedience, and devotion to God. Living carelessly, neglecting God's Word, and yielding to sin can cause a person to drift spiritually.

Therefore, believers are called to guard their salvation by continuing to walk in righteousness, remaining faithful to Christ, and growing in their relationship with Him.

PRAYER POINT

Lord, help me to remain steadfast in my walk with You. Give me the grace to guard my salvation, live in obedience to Your Word, and remain faithful to Christ all the days of my life. Amen.

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MAY 23

Reverence in God's Presence

BIBLE PASSAGE:

HEBREWS 12:28



PROVERBS 9:10

SUMMARY

While believers have access to God through Christ, this access should never lead to careless familiarity. Scripture teaches that we must approach God with reverence and godly fear, recognizing His holiness and majesty. The fear of God is not terror but a deep respect, honor, and awareness of who God is. True access to God produces humility and reverence, not casualness.

Therefore, believers are called to serve God acceptably, maintaining a heart that honors His presence and authority.

PRAYER POINT

Lord, help me to walk in reverence before You. Teach me to honor Your presence and to approach You with humility and godly fear in all that I do. Amen.

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MAY 24

Honoring Spiritual Authority

BIBLE PASSAGE:

HEBREWS 13:17



1 THESSALONIANS 5:12-13

SUMMARY

God establishes spiritual leaders to guide, teach, and watch over the lives of believers. Honoring spiritual authority means respecting and submitting to those whom God has placed in leadership over us in the church.

This honor is not about elevating men above God, but about recognizing God's order and cooperating with those who shepherd our souls. When believers honor spiritual authority with humility and obedience, it brings unity, growth, and blessing within the body of Christ.

PRAYER POINT

Lord, give me a humble heart that honors and respects the spiritual leaders You have placed over me. Help me to walk in obedience, unity, and love within the body of Christ. Amen.

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MAY 25

The Commandment of Love

BIBLE PASSAGE:

JOHN 13:34–35



1 CORINTHIANS 16:14

SUMMARY

Love is not merely a suggestion in the Christian life; it is a command from Christ and a defining evidence of true discipleship. In John 13:34–35, Jesus commanded believers to love one another just as He loved us.

This kind of love is sacrificial, forgiving, and selfless. It reflects the very nature of Christ and demonstrates to the world that we truly belong to Him. When believers walk in love, they preserve unity in the body of Christ and reveal God's character to others. Therefore, love is a fundamental requirement for everyone who follows Christ.

PRAYER POINT

Lord, fill my heart with Your love and help me to love others as Christ loved me. Give me the grace to walk in patience, forgiveness, and compassion toward everyone around me.

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MAY 26

Balancing Prayer and the Word

BIBLE PASSAGE:

ACTS 6:4



JOSHUA 1:8

SUMMARY

A healthy Christian life requires a balance between prayer and the Word of God. In Acts 6:4, the apostles committed themselves to “prayer and to the ministry of the Word.” Prayer is how believers communicate with God, while the Word is how God speaks and reveals His will to believers. When one is neglected, spiritual growth becomes weak and unbalanced. Through the Word, believers gain knowledge, direction, and faith; through prayer, they receive strength, guidance, and intimacy with God.

Therefore, a believer must consistently devote time to both prayer and the study of God’s Word in order to grow spiritually and remain grounded in truth.

PRAYER POINT

Lord, help me to develop a consistent life of prayer and devotion to Your Word. Give me the discipline to seek You daily and grow in my understanding of Your truth.

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MAY 27

Believers as Gatekeepers

BIBLE PASSAGE:

EZEKIEL 22:30



PROVERBS 4:23

SUMMARY

God calls believers to stand as spiritual gatekeepers—those who watch, pray, and guard what enters their lives, families, and communities. In Ezekiel 22:30, God searched for someone who would stand in the gap on behalf of the land. As gatekeepers, believers are responsible for maintaining spiritual vigilance through prayer, discernment, and obedience to God's Word.

By doing so, they resist the influence of sin and the enemy while allowing God's truth and righteousness to prevail. A faithful gatekeeper protects spiritual boundaries and intercedes so that God's purposes are fulfilled.

PRAYER POINT

Lord, help me to stand faithfully as a spiritual gatekeeper. Give me discernment to guard my heart and life, and strength to pray and stand in the gap for others.

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MAY 28

Exercising Territorial Authority

BIBLE PASSAGE:

JEREMIAH 1:10



LUKE 10:19

SUMMARY

God gives His people authority to influence and establish His purposes within the places where He has positioned them. In Jeremiah 1:10, God told Jeremiah that he had authority to root out, pull down, build, and plant among nations and kingdoms.

In the same way, believers are called to exercise spiritual authority through prayer, righteousness, and the declaration of God's Word in the territories where they live, work, and serve. Territorial authority means standing as representatives of God's kingdom, resisting the works of darkness, and allowing God's will to be established in our environment.

PRAYER POINT

Lord, help me to walk in the authority You have given me. Grant me wisdom and boldness to stand for Your will in the places You have positioned me.

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MAY 29

Discerning Spiritual Seasons and Times

BIBLE PASSAGE:

1 CHRONICLES 12:32



ECCLESIASTES 3:1

SUMMARY

God expects His people to have spiritual understanding of the times and seasons they live in. In 1 Chronicles 12:32, the men of Issachar were commended because they had understanding of the times and knew what Israel ought to do. Spiritual discernment enables believers to recognize God's movements, avoid spiritual dangers, and act according to His will.

Through prayer, the Word, and sensitivity to the Holy Spirit, believers can perceive what God is doing and align their lives with His purposes.

PRAYER POINT

Lord, grant me spiritual understanding and discernment to recognize the seasons and times You have placed me in. Help me to act according to Your wisdom and direction.

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MAY 30

Watchmen on the Walls

BIBLE PASSAGE:

ISAIAH 62:6



EZEKIEL 33:7

SUMMARY

God appoints believers as spiritual watchmen who remain vigilant in prayer and intercession. The Lord declares that He has set watchmen on the walls who will never keep silent day or night.

A watchman is someone who remains alert, praying and standing guard spiritually for the people and the land. Through consistent prayer and spiritual awareness, believers can warn, protect, and intercede so that God's purposes are established and dangers are resisted.

PRAYER POINT

Lord, make me a faithful watchman. Help me to remain spiritually alert and committed to prayer, standing in the gap for my family, church, and nation.

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MAY 31

Occupying Until He Comes

BIBLE PASSAGE:

LUKE 19:13



1 CORINTHIANS 15:58

SUMMARY

Jesus taught His followers to remain active and faithful in His work until His return. In Luke 19:13, the master instructed his servants to “occupy till I come.” This means believers must faithfully steward the gifts, opportunities, and responsibilities God has given them.

Instead of becoming passive or discouraged, Christians are called to advance God’s kingdom, serve faithfully, and remain productive in their spiritual assignment until Christ returns.

PRAYER POINT

Lord, help me to remain faithful and diligent in the work You have entrusted to me. Give me the grace to serve You faithfully until the day Christ returns.

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